

WHERE IS GOD?

WEEK 3 | FAMILY

CHAT:

Here is an activity to get some conversation going with your family:

Find somewhere comfortable to sit and gather the family.

You'll need: A Bible.

Start by finding out from each other: what are the good things in our everyday lives?

You could also find Psalm 139 in the Bible and read the first few verses. Where is God? How do we know God is with us?

Pick one of the 'good things' shared in your discussion and do it!

As you go off to do your 'good thing', pay attention to where you could see God in it and how He might show himself.

As you spend time in the activity, ask each other questions about what you see and how God might show himself in what's around you. Notice and wonder where God is.

The 'good things' will be distinct for your family. However, here are some suggestions: take your dog for a walk, go on a nature hunt, make some cakes, star gaze, read a story, watch a film, dance to music.

If this activity works well for your family, pick a different 'good thing' each day to do.

Further questions you could discuss: Do you find yourselves rushing around, too busy to notice the good stuff in life? How easy do you find it to see the bad side in life? Do you think God ever tries to get your attention? How might he try to get your attention? How can we pay attention to what God is doing around us?

PRAY:

Here is a prayer activity to do with your family:

Gather the family around a table or somewhere you can write and draw.

You'll need: Paper, colouring pens, pencils and something to play music with

Each person needs their own bit of paper.

Come up with a song that you will all listen together. This could be a hymn, a song from church or any other song.

Listen to the song and use the paper to write words or draw a picture reflecting on what the music and lyrics reveal about God. What does God want you to know about Him?

When the song has finished, share your words and pictures asking each other to explain what and why.

If someone in your family doesn't like writing or drawing, they could play the DJ or reflect on the song in their head.

If there are lots of different tastes in music in your family, play more than one song.

DO:

Here is an activity to do together with your family:

Gather the family and find some space where you can move around.

You'll need: Dice, pen and paper.

Using the pen and paper, together come up with a list of exercise moves - at least one per person in your family.

Put the paper somewhere visible.

Nominate someone to go first who throws the dice. The number thrown relates to the number of answers that person will shout out. The question: what is good about how God has designed me?

Start with the first exercise. Everyone starts doing the exercise together for as long as it takes for the first person to give the number of answers thrown from the dice.

Take a break while the next person throws the dice, then repeat again this time with the next exercise on your list until the person has given all their answers. Try to pick different answers.

Keep going so that each person has at least one go at rolling the dice. Do this as many times as you like!

Try repeating the game using different exercise moves or deciding together on a different question to answer.